The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-425-430-7650. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.dol.gov/ebsa/healthreform</u> or call 1-425-430-7650 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Not Applicable.	This <u>plan</u> does not have a <u>deductible</u> .
Are there other deductibles for specific services?	<b>No.</b> There are no other specific <u>deductibles</u> .	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	N/A	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
What is not included in the out-of-pocket limit?	N/A	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.accesshma.com">www.accesshma.com</a> or call 1-800-700-7153 for a list of network providers.	You pay the least if you use a <u>provider</u> in the Preferred Network. You pay more if you use a <u>provider</u> in the Participating Network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (balance billing). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Participating Provider or Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	No Charge	No Charge	none	
If you visit a health care provider's office or clinic	Specialist visit	No Charge	No Charge	none	
	Preventive care/screening/ immunization	No Charge	No Charge	none	
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	No Charge	none	
ii you liave a test	Imaging (CT/PET scans, MRIs)	No Charge	No Charge	none	
If you need drugs to treat your illness or condition More information about	Generic drugs	No Charge		Covers up to a 34-day supply (retail prescription); 90-day supply (mail order prescription). See Plan Document for non-	
	Preferred brand drugs	No Charge			
prescription drug coverage is available at			use of generic drug penalty.		
www.costcohealthsolut ions.com	Specialty drugs	No charge		Please contact Costco Health Solutions, your specialty pharmacy, for more information on what is covered.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No Charge	No Charge	Preauthorization is required	
surgery	Physician/surgeon fees	No Charge	No Charge	none	

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Participating Provider or Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Emergency room care	No Charge	No Charge	none	
If you need immediate medical attention	Emergency medical transportation	No Charge	No Charge	none	
	<u>Urgent care</u>	No Charge	No Charge	none	
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	No Charge	Preauthorization is required.	
stay	Physician/surgeon fees	No Charge	No Charge	none	
If you need mental health, behavioral	Outpatient services	No Charge	No Charge	Preauthorization is required for partial hospitalization and intensive outpatient. Marital, sexual and family counseling are covered.	
health, or substance abuse services	Inpatient services	No Charge	No Charge	Preauthorization is required. Residential treatment is covered for Preferred and Participating Network only.	
	Office visits	No Charge	No Charge	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)	
If you are pregnant	Childbirth/delivery professional services	No Charge	No Charge	none	
	Childbirth/delivery facility services	No Charge	No Charge	Hospital stays that extend beyond 48 hours for a normal vaginal delivery or beyond 96 hours for a cesarean section must be preauthorized at the time your provider recommends the extended stay.	

	What You Will Pay			
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Participating Provider or Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	No Charge	No Charge	Preauthorization is required.
	Rehabilitation services	No Charge	No Charge	Preauthorization is required for inpatient. Swim therapy is covered.
If you need help recovering or have other special health	Habilitation services	No Charge	No Charge	Habilitation services, including neurodevelopmental therapy and rehabilitative therapies for the treatment of autism, are covered under the Outpatient Rehabilitation Services benefit.
needs	Skilled nursing care	No Charge	No Charge	Preauthorization is required.
	Durable medical equipment	No Charge	No Charge	Preauthorization is required for equipment over \$2,000.
	Hospice services	No Charge	No Charge	Preauthorization is required.
	Children's eye exam	Not Covered	Not Covered	If enrolled, please refer to vision benefit booklets.
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	If enrolled, please refer to vision benefit booklets.
	Children's dental check-up	Not Covered	Not Covered	If enrolled, please refer to dental benefit booklets.

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult, under separate policy)
- Infertility treatment

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult, under separate policy)
- Routine foot care (except if medically necessary)
- Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (subject to LEOFF disability board approval) (Limited to 25-visit calendar year max)
- Chiropractic care.
- Hearing aids (\$5,600 every 3 years)

• Private-duty nursing (transplants only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the HMA COBRA team, 1-800-700-7153, and the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.healthCare.gov">Health Insurance</a> Marketplace. For more information about the <a href="https://www.healthCare.gov">Marketplace</a>, visit <a href="https://www.healthCare.gov">www.healthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 1-800-700-7153, and the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-700-7153.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-700-7153.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-700-7153.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-700-7153.]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$00
■ Specialist coinsurance	00%
Hospital (facility) coinsurance	00%
Other coinsurance	00%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

<b>Total Example Cost</b>	\$12,700

## In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$00	
<u>Copayments</u>	\$00	
Coinsurance	\$00	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$60	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$00
■ Specialist coinsurance	00%
■ Hospital (facility) coinsurance	00%
Other coinsurance	00%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

# In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$00
Copayments	\$00
Coinsurance	\$00
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$20
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# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$00
■ Specialist coinsurance	00%
Hospital (facility) coinsurance	00%
Other coinsurance	00%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

## In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$00
Copayments	\$00
Coinsurance	\$00
What isn't covered	
Limits or exclusions	\$00
The total Mia would pay is	\$00